

Five Wellbeing Virtual Facial Steps

Begin with inhalation of the elemental oil in the dram: You will receive a card with the description of the elemental oil of the season.

1 - Cleanse/Exfoliate:

*Mangosteen Cleanser or Stone Crop Cleanser/Strawberry Dermafoliant or Oxygenating Fizzfoliant. Dispense small amount of cleanser mix with quarter size amount of Dermafoliant/Fizzfoliant. (Apply to skin and cleanse with circular motions. Remove Product with 4*4 wipes (wet).*

2 - Massage: *Facial Recovery Oil/Solid Face Oil: Dispense small amount of oil and apply liberally and massage working in a upward motion. Leave oil on skin.*

3 - Masque: *Apply Strawberry Rhubarb Mask or Stone Crop mask (10-15 minutes) Remove mask with esthetic wipes.*

4 -Moisturize: *Apply Red Rose Whip Moisturizer/Artic Berry/Stone Crop (Great for soothing and hydrating).*

5 - Eye Cream: *Apply Wild Plum Eye Cream/Cucumber Eye Cream. Brightening and reducing eye puffiness.*

6 - Hand Treatment: *Sugar Scrub/Shea Butter: Apply sugar scrub to hands and rinse with warm water/finish with shea butter for hydration.*

